

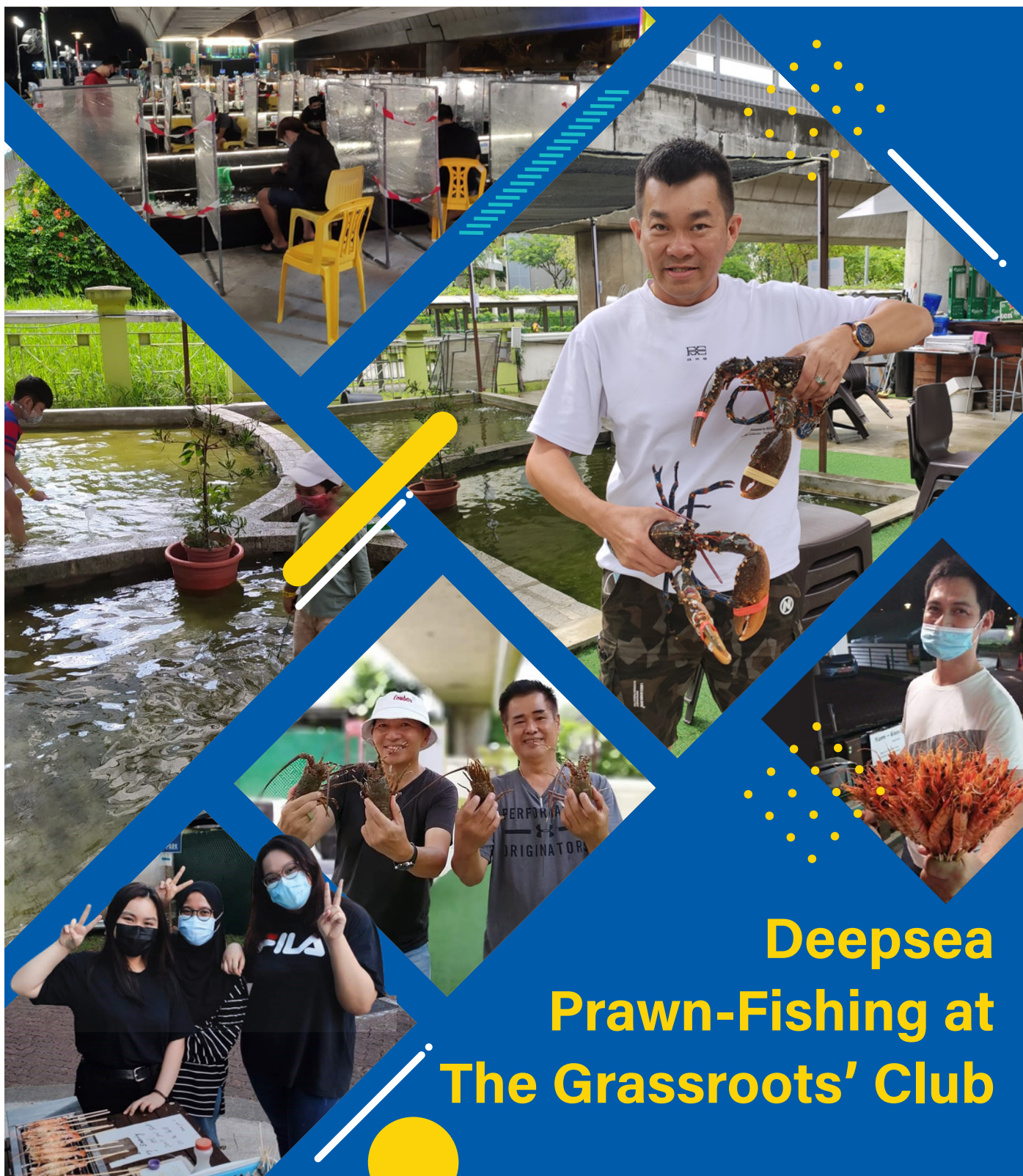


Issue
118

Mar 2021 - May 2021

MCI(P)051/03/2021

GRASSROOTS *With Passion*



**Deepsea
Prawn-Fishing at
The Grassroots' Club**

WWW.GRASSROOTSCLUB.ORG.SG



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Message from Chairman

Corporate Affairs Committee



Dear Members,

The Grassroots' Club was established to enable Grassroots Leaders (GRLs) to reach out to the community to build a stronger and more cohesive grassroots network. For a successful club to serve our members' social, educational, recreational and developmental needs, we need to develop and

retain a pool of satisfied and motivated employees, who are our most significant assets.

Our committee assists our Management Committee (MC) to handle affairs associated with members, legal matters, staff and corporate systems. Some of the key roles include to review and handle matters concerning Constitution, By-Laws and members' code of conducts; and to review and recommend staff policies and benefits to develop, engage and retain our employees. I would like to take this opportunity to thank my fellow MC members for their continuous support.

After Singapore's worst recession in 2020 since independence due to COVID-19 pandemic and the roll-up nation-wide vaccination programme, I hope that 2021 will be a better year for everyone and our Club. Wishing everyone the best of health!

Mr Toh Sze Wei, PBM

Chairman, Corporate Affairs Committee
Honorary Secretary
The Grassroots' Club

GENERAL FACILITIES

Concierge / General Enquiries	6554 2350
Booking of Multi-Purpose Hall / Banquet Hall / Auditorium / Dance Studio / Meeting Rooms / Atrium	6550 2121 / 6550 2115
Membership	6550 2114 / 6550 2120
Club Events	6554 2350

MEMBER FACILITIES

Gym	6550 2128
Spa	6550 2128
Member Room	6550 2128
Swimming Pool	6550 2128
Activity Room	6550 2128
Mahjong Room Booking	6554 2350
Table Tennis	6554 2350

FOOD & BEVERAGE

Common Folks 11am to 10pm daily	9237 6650
Muslim Delights 11am to 7pm daily, closed on Mondays	9001 9401
Eternal Garden 11am to 2.30pm & 6pm to 10pm daily	6970 0002

ENTERTAINMENT

Sparkz KTV 3pm to 11pm daily	6458 5026
Fish@Ang Mo Kio 10am to 5am daily	9839 2715

CHILDCARE CENTRES

Pat's Schoolhouse 7am to 7pm, Mon-Fri	6459 2382
Brighton's Montessori 7am to 7pm, Mon-Fri	6455 8830

FITNESS

Soul Fit 8am to 10pm, Mon-Sat	92354789 / 91699306
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Editor's Message



In the blink of an eye, it is March now. We hope everyone had a wonderful and restful Chinese New Year celebration!

The Grassroots' Club (TGC) is happy to announce that Eternal Garden Restaurant by Qian Xi Group has officially opened at the Club. Members are entitled to additional discounts. Please call 6970 0002 to find out more!

No one could have ever imagined that fishing for Boston lobsters or mud crabs can happen right here at TGC. Turn to page 4 to feel the thrill of deepsea prawn fishing at TGC!

In this issue of SPOTLIGHT on page 6, we are very honoured to interview the President of The Grassroots' Club, Mr Simon Leong Kai Chong, PBM, who gave us valuable insight on his aspirations for the Club.

Have you heard of impromptu speaking? Is it a useful skill to have? Turn to page 8 to find out!

Calling all grassroots leader golfers to join TGC Golf Interest Group! Turn to page 12 to find out more. The Golf Interest Group will be having a Golf Clinic on 26 March 2021 at the Orchid Country Club. Hope to see you there!

See page 10 for TGC's comprehensive Members' Privileges in Food & Beverage, Apparel and Accessories, Beauty and Spa, Healthcare Products and Services, and Recreation.

Like us on Facebook and subscribe to TGC WhatsApp to get the latest exclusive news, updates, deals and discounts at your fingertips.

Take care and see you at TGC!

Miss Ng Liza

Editor

Chairman, Marketing and Communications Committee

Honorary Assistant Secretary

The Grassroots' Club

RECIPROCAL CLUBS

CHANGI BEACH CLUB

No. 2 Andover Road
Singapore 509984
Tel: 6546 5215 | Fax: 6545 6883
www.changibc.org.sg

ORCHID COUNTRY CLUB

1 Orchid Club Road
Singapore 769162
Tel: 6755 9811 | Fax: 6755 8874
www.orchidclub.com

THE ARENA COUNTRY CLUB

511 Upper Jurong Road
Singapore 638366
Tel: 6897 9997 | Fax: 6897 8778
www.arenaclub.com.sg

THE MALACCA CLUB

New Townhouse:
No. 18, 5th Floor
Jalan Syed Abdul Aziz,
75000 Melaka
Tel: 06-282 4940 / 284 2488 /
283 3518
Fax: 06-284 8303
www.malaccacclub.com.my

Rotunda:

Jalan Kampung Hailam,
Tanjung Kling,
76400 Melaka
Tel: 06-351 1543 / 351 1544
Fax: 06-351 6309

For detailed privileges at our reciprocal clubs, please visit
<https://www.grassrootsclub.org.sg/membership/membership-privileges/>

Scan
for more
details



Welcome To Our New Members

Anson Neo Ser Keong

Chan Andi Andy

Deborah Lim Ah Moy

Eunice Lim Jia Ying

Goh Jin Quan

Ho Teng Kit, PBM

Jasmine Lim Jie Xin

Kee Yok Hee

Lim Jing Wen Amanda

Lim Joo Bock, PBM

Lum Yi Chyi

Muruganandam Vinoth Mannan

Nurruddeen Al Mustaqeem

Bin Abdul Rahim

Priya Singh

Quah Kai Sheng

Reiko Tan Jing Zhi

Revathi D/O Chandra Kumar

Swee Peng Wei

Tin Horng Ping

Toh Guan Ru

Valerie Tan Mei Xian

Wong Siow Kheng Leopard

Yeo Ming Rong Gary

Level 1 Pat's Schoolhouse Tel: 6459 2382
10% discount off monthly fees @ TGC
Common Folks Tel: 9237 6650
10% discount on a la carte menu
Muslim Delights Tel: 9633 0261
10% discount on a la carte menu
Soul Fit Tel: 9235 4789
20% discount on all classes
Fish@Ang Mo Kio Tel: 9839 2715
40% discount off all
non-promotional items (excluding F&B)

Level 2 Brighton Montessori Tel: 6455 8830
10% discount off monthly fees @ TGC

Level 3 Pat's Schoolhouse Tel: 6459 2382
10% discount off monthly fees @ TGC
Eternal Garden Tel: 6970 0002
Please call to enquire about discounts

Level 4 Sparkz KTV Tel: 6458 5026
20% discount except for beer during Happy Hour

**MEMBER
Discounts**
AT THE GRASSROOTS' CLUB



Deepsea Prawn-Fishing at The Grassroots' Club



Calling all TGC club members who are also prawn-fishing hobbyists – whether seasoned or novice! You can now enjoy the satisfaction of reeling in Boston lobsters or mud crabs within the premises of TGC.

Conveniently located right under the Yio Chu Kang MRT track just outside the main Clubhouse, it is hard to miss the three big ponds of Fish@Ang Mo Kio. Throngs of prawning enthusiasts come here daily to dangle their lines and wait patiently for that tug.

Fish@Ang Mo Kio is the only outlet in Singapore with both fresh and seawater ponds. Here, you can experience the thrill of landing a wide range of crustaceans all at once – from Boston lobsters and Asian green lobsters, to big head prawns and yabbies, as well as mud crabs and even flower crabs when they are in season.

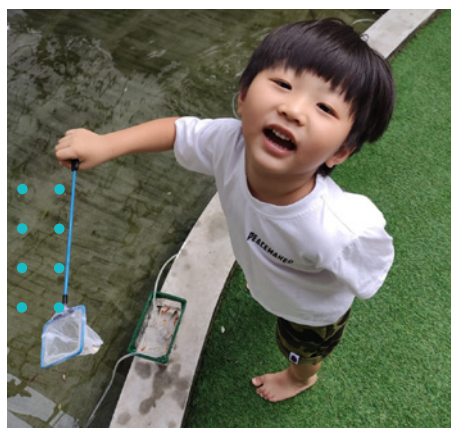
All Things Fishy

The three ponds each measuring about 10 metres by 5 metres attract dozens of fishing enthusiasts on weekdays, and a sizable following on weekends.

For the young anglers, there is a *longkang* pond for them to experience kampong-style fishing of chasing *longkang* fishes (canal fishes) – such as guppies, goldfishes, baby koi, prawns, tiger barb, red fish and mollies. They can do this for a fee of \$12 an hour and \$7 for an additional hour (net provided). Or, the kids can congregate at the feeding pond to feed the fishes with fish food sold at \$2 a pack.

Prawn-fishing theme parties for kids are also popular and Fish@Ang Mo Kio gets a few bookings every month.

Meanwhile, for some relaxing foot therapy, one can head for the Fish Spa (\$15 an hour).





Says one of the owners, Patrix, “We offer a comprehensive range of activities to cater to different customers. Many come here for this old-school leisure to destress from their tough day at work.”

Landing a good catch is just half the fun... being able to eat your fresh catch completes it! Indeed, there is nothing like barbequing your own catch and savouring the delicious grilled seafood while the balmy breeze blows. Another plus: On a hot day, the MRT track offers shelter from the sun.

Besides complimentary use of barbeque grill for all Fish@Ang Mo Kio customers, salt, chilli sauce and paper plates are also provided without charge for a fuss-free meal.



And the party goes on even when night approaches. Prawn-fishing devotees are often found camped out around the ponds till the wee hours, when the outlet finally closes.



Born Out Of Passion

Besides Fish@Ang Mio Kio which Patrix opened in November 2019, he also owns Fish@Bugis+ – which is run on a similar concept except that it is indoor prawn-fishing at Bugis+ making it Singapore’s only indoor air-conditioned fishing and pawning joint when it first opened in 2015.

Says Patrix, “This business stems from my own passion for prawn-fishing, so we make our fees affordable so as to expand the community of fishing enthusiasts. I believe we are the cheapest in Singapore.”

It costs just \$18 for an hour of fishing, \$29 for two hours, and \$36 for three hours.



Tip: If you are interested in a particular shellfish, go on the day that they replenish that stock.

On Wednesday, for example, the ponds get stocked with giant mud crabs, Thursday is Boston lobsters day, while Friday and Saturday is when a trio of expensive crustaceans – mud crabs, Asia lobsters and Boston lobsters – get added to the ponds. And every day from 4p.m., saltwater tiger prawns are piled in.

For a unique fishing experience, Fish@Ang Mo Kio is your go-to place. Head on down for that perfect fishing trip – either alone or with your beloved family and friends.



Fish@AMK

Address: 190 Ang Mo Kio Ave 8, Singapore 568046

Opening hours: Weekday 10–4a.m., Weekends, PH & school holidays 9–4a.m.

Fees: \$18/hour, \$29/two hours, \$36/three hours. \$800 (min spend) for children's party

A portrait of Mr. Simon Leong Kai Chong, President of The Grassroots' Club. He is a middle-aged man with dark hair, wearing a dark suit jacket over a light pink shirt. He is looking out of a window with a view of a city skyline, with his hands clasped in front of him. The background is a blurred cityscape seen through a window with some condensation or rain on the glass.

SPOTLIGHT

Mr Simon Leong Kai Chong, PBM,
President, The Grassroots' Club

It was the privilege of the team at Grassroots with Passion to be granted an interview with our Club President, Mr Simon Leong, PBM, despite his busy schedule. Mr Leong gave us an insight on some of his aspirations for The Grassroots' Club.

1 In which year were you invited to be in The Grassroots' Club (TGC) Management Committee?

I started serving on the TGC Management Committee in 2012. I was then appointed Honorary Secretary in 2014 and Club President in 2018.

2 What are the significant changes at The Grassroots' Club that you have seen since the first day when you started to be in the Management Committee?

The significant changes would probably be the major upgrading of the Club House, especially the addition of escalators and the renovation of the Health Centre. We continuously look for new facilities for members to enjoy, such as the prawn-fishing opened at the end of 2019 and the upcoming alfresco dining.

3 What was the main challenge then for these changes to take place?

The main challenge of TGC's upgrading project was to maintain an intricate balance between cost and results. Many hours were spent on brainstorming, meetings and discussions to draw up design concepts and to ensure that we got the best value for the money spent on the upgrading.

4 What is your vision and goal for The Grassroots' Club?

My vision for TGC is to further develop it into a Club that all Grassroots Leaders (GRLs) can identify with and will feel proud to be a member. My primary goal would be to increase the Club's membership and to further improve on the Club's facilities for members to enjoy.

5 As the President of TGC, what is the most memorable thing that had happened?

There were a few memorable events during my term as President. I still remember the TGC 20th Anniversary celebration held in late 2018, the Annual General Meeting (AGM) in 2019 which I first chaired, the Chinese New Year dinners and our first online AGM held last year due to COVID-19. However, the one that left the deepest impression is leading the Management Committee and the Management through this pandemic period, and making sure that the Club remains relevant.



6 Lastly, what message would you like to convey to the Club Members?

I would like to reassure members that the Club will continue to function (as per SMM guidelines) during this current pandemic. I hope that members continue to abide by the safe management measures, stay safe and be socially responsible so that we can get through this difficult time as a nation soon. My committee and I look forward to welcome all members back to our first event after the pandemic. I wish everyone the best of health!

A man in a black long-sleeved shirt is standing and speaking into a microphone. He is gesturing with his right hand. In front of him, the backs of several audience members' heads are visible, showing they are seated and listening. The background is a blurred indoor setting with a whiteboard.

How to Speak to Anyone

By Mohammad Nasir

The writer is an educator with 10 years of experience in the field. He is also a TetraMap® Certified Facilitator, a certified Personal Trainer and has been serving the Singapore Scout Association as a Scout Leader for the past 8 years. He has been a Toastmaster since 2014 and has supported the Grassroots Toastmasters Club since then.

A circular inset image showing a man and a woman in a professional setting. The man, wearing glasses and a light blue shirt, is gesturing with his hands while speaking. The woman, wearing a white shirt, is listening attentively. They appear to be in a meeting or collaborative work environment.

INTRODUCTION

We know the power of habit. It's a shortcut to becoming better in what we do. We can make changes that become habits. But we have to be conscious to create habits that serve us for the better.

I was keen in finding out how experts are able to think quickly on their feet and speak effectively. Impromptu speaking is a great skill to have, both for personal and professional reasons. Just imagine the difference you can make with such a skill. What habits can lead to being able to speak effectively to just anyone?

Once, a senior colleague asked me if a particular project that I had implemented yielded any positive impact. Obviously, it did! But I was stumbling for words trying to explain evidences which were clearly observed.

For impromptu speaking, you can only prepare so much in real life. There are just too many possible social scenarios to be prepared for! I did some research and found wisdom in two texts that I read.

PRACTICE MAKES PERFECT

First, the *Cambridge Handbook of Expertise and Expert Performance* highlights how 'Practice makes perfect'. But it's the kind of practice that matters!

Second, '*BLINK: The Power of Thinking without Thinking*' by Malcolm Gladwell taught me that our ability to gauge what is really important in a very narrow time period can be quite effective!

Here's an example from '*BLINK*': An US fire department commander was interviewed about an experience he had. A fire had broken out in the kitchen of a house with a basement. The commander and his men charged into the house. As they tried to douse the flames, the fire didn't die. The commander realised instantly that something was wrong. He immediately shouted for his men to evacuate. And as they did, the floor they had been standing on collapsed!

The commander thought his decision was due to some extra sensory perception (ESP) he possessed but in retrospect, he evaluated that the fire was hot,

even when doused with water. More so, it was quiet – making him realise that the flames were coming from the basement, hence leading him to his life-saving decision.

HOW CAN WE APPLY WHAT I LEARNED?

Ten years of deliberate practice as suggested in the *HANDBOOK* is daunting – 10 long years before achieving an unguaranteed level of proficiency! However, it's a start! It strengthened my resolve to participate in speaking on any available platform for practice. Deliberate reflection on my speeches and gathering feedback would further enhance my practice to lead to expertise.

This links to the findings in the *HANDBOOK* when even '*BLINK*' admits that "being able to act intelligently and instinctively in the moment is possible only after a long, rigorous period of education and experience."

There is no shortcut to becoming an expert – **in anything**. But we may never develop **expert performance** if we don't know how to go about it. **Deliberate practice** is the solution.

But don't analyse till you're paralysed! Just do it! That's the **key!** What pulls the earlier ideas together is the 'Power of Habit.' Instil within us the mindset to grab any opportunity to practise.

TRUST YOUR GUT

'*BLINK*' relates to how we have innate intuition to decide certain outcomes on-the-spot promptly. It means, at times, we don't have to think much.

Have you ever felt that instant inspiration when faced with a speaking situation?

I've experienced thoughts popping up from within during conversations and often it's better to let that take over and just speak, as opposed to consciously filtering what I want to say.

WHY IS IT BETTER?

The answer is within this quote from '*BLINK*'. "We're not helpless in the face of our first impressions. Thoughts may bubble up from the unconscious – from behind a locked door inside of our brain – but just because something is outside of our awareness, doesn't mean it's outside of our control".

In conclusion, from the *HANDBOOK* I quote: "Becoming an expert in almost anything requires literally years of work. People will do this only if they have some initial success, enjoy the work, and are supported by the social climate. Expert Performance is not solely a cognitive affair".

With that, if we have a support system or a community of practice behind whatever expertise we pursue, we're definitely on the right track to setting the correct conditions and getting enough practice to become adept practitioners of impromptu speaking. And if you can strike a conversation with just about anyone, you'll be able to develop better relationships with those who matter.



Members' Privileges



FOOD & BEVERAGE

THE ROYAL ALBATROSS

Complimentary Double Boiled Cabbage Soup with Bamboo Fungus & Mushroom with minimum spend of \$50 in a single receipt during Birthday Month

Promotion valid till 30 September 2021

Address: 30 Raffles Ave #01-04, Singapore 039803

Contact: 6854 5245

APPAREL & ACCESSORIES

PICADILLY CUSTOM TAILORS

Exclusive 20% discount* off regular items

*Valid TGC Membership card / Valid Grassroots Leader card with "The Grassroots' Club" identification must be presented, before getting a quotation and tailoring
14 Scotts Road #02-85,
Far East Plaza, S(228213)
Email: taylor@singaporeuits.com
Contact: 6734 9990
www.singaporeuits.com

OPTIQUE ICU

\$10 off every \$100 spent for prescription spectacles and sunglasses.

As an initiative to build awareness of the importance of eye-screening

- **FREE IOP (Intraocular Pressure) screening for Glaucoma**
- **Diabetic Eye-screening using the latest AI program (Eyris) at \$18 only**

30 Sembawang Dr, #02-02 Sun Plaza,
S(757713) | Contact: 6555 1583



CAPITOL OPTICAL

- **25% off frames & sunglasses**
- **15% off ophthalmic lenses**
- **5% off contact lenses** (With minimum purchase of 6 months' supply)
- **Complimentary eye health check** (Prior appointment is required)
Visit <http://www.capitol.com.sg> for outlets address details



OETEO

Exclusive 20% discount* off regular items with coupon code TGC20 on www.oeteo.co

Promotion valid till 30 April 2021

**No minimum spending required*

Limited to 1 time use per customer

Not applicable for Little Sprout Box and discounted items.

This coupon is not applicable in conjunction with other coupons

Free local shipping for orders above S\$60

CRYSTAL TIME

20% discount off the following range of watches at the selected stores:

- **LUMINOX & ARBUTUS**
VivoCity #01-k30
TANGS Tang Plaza Level 3
OG Orchard Point Level 1
- **CLAUDE BERNARD**
VivoCity #01-k30
OG Orchard Point Level 1
- **EDOX**
VivoCity #01-k30
TANGS Tang Plaza Level 3
- **REEBOK WATCHES**
OG Orchard Point Level 1

Promotion valid till 31 August 2021





BEAUTY & SPA

KENKO REFLEXOLOGY & SPA

15% discount on a-la-carte services at all Kenko Wellness Spa outlets:

Foot Reflexology
Shoulder and Head Massage
Body Massage
& Spa Treatments

Promotion valid till 30 September 2021

Visit <http://www.kenko.com.sg> for outlets' address details

THE EAQLIA STUDIO (FITNESS & BEAUTY)

- \$10 per class
- 10% off Beauty Package

Promotion valid till 30 September 2021

Contact: 8222 8829



HEALTHCARE PRODUCTS & SERVICES

ALL WELL SCOLIOSIS CENTRE

- 10% off First Visit (Consultation & Treatment and 1 Free Treatment session)
- 20% off Single Treatment session
- 30% off Package of 10 sessions

Promotion valid till 30 June 2021

545 Orchard Road

Far East Shopping Centre #10-05

S(238882)

Email: admin@allwellscoliosis.com

Contact: 6610 6562



ESSENTIALLY OILS

- 10% off total bill with promocode "PTGC10OFF" on www.getessentiallyoils.com
- Special gift* worth \$15 during Birthday month with minimum purchase of \$50

Promotion valid till 31 March 2022.

Terms and Conditions apply



HALLMARK PHYSIOTHERAPY

- Consultation & Treatment - First visit at special rate of \$140, Subsequent visits at \$130
- Consultation only - 20% discount on your first visit and 10% discount on subsequent visits

Promotion valid till 1 October 2021

320 Thomson Road, S(307663)

Email: vaishu@hallmarkphysio.com

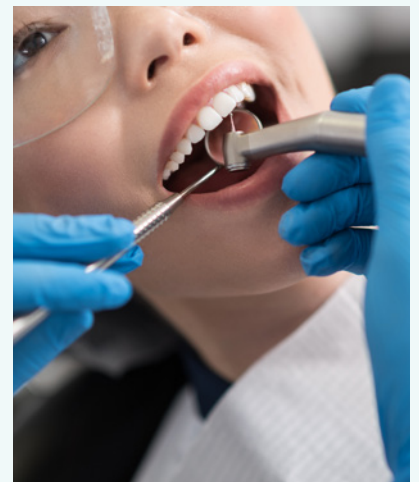
Contact: 6258 8707

LUMINOUS DENTAL GROUP

Special rates for TGC members

For more details, visit

<https://www.grassrootsclub.org.sg/membership/merchant-privileges-for-grassroots-leaders/>



RECREATION

BOATS, BOATS AND BOATS SERVICES (PRIVATE YACHT CHARTER)

12% off listed rates for
Private Yacht Charter

Promotion valid till 31 April 2021

Visit <http://www.bbboats.com>

Email: kathy@bbboats.com

or enquiries@bbboats.com

Contact: 6861 6965

RYDERS SINGAPORE (WAKEBOARDING)

\$50 off for 3 hours booking
(Usual: \$390)

Promotion includes wakeboarding equipment, coaching, and mineral water, ice and ice box.

Promotion valid till 30 April 2021

Visit <https://www.rydersatponggol.com/>

Email: phaantw@yahoo.com.sg



D'HAVEN (ICE SKATING LESSONS)

10% off group lesson packages

Promotion valid till 30 November 2021

Email: d_haven79@yahoo.com



THE GRASSROOTS' CLUB



CALLING ALL GRL
GOLFERS TO JOIN US!

THE GRASSROOTS' CLUB GOLF INTEREST GROUP

- To Promote Bonding and Build a Community of 'GRL Golfers'
- Golf Tournaments and Overseas Trips
- Monthly Golf Clinics & Practices



TO REGISTER, CONTACT EVENTS@TGC.ORG.SG / 6554 2350

GOLF CLINIC

FOR GOLFERS OF ALL ABILITIES & NEWBIES

26 MARCH, FRIDAY

7.00PM - 8.30PM

ORCHID COUNTRY CLUB
DRIVING RANGE

GOLF COACH: MR CHANG REN CHIAT

CLOSING DATE: 19 MARCH 2021, FRIDAY

About The Coach:

- More than 20 years of teaching experience
- Head Coach for Youth Golf Program with St. Gabriel's Secondary School
- "AAA" member of the Singapore Professional Golfers' Association (SPGA)
- Member of the National Registry of Coaches (NROC)
- Ranked 8th in the SPGA order of merit 2019
- Competed in the Prudential Causeway Trophy in 2013 & 2014
- Tournament winner for SPGA Golf series, November 2012 in Laguna National Golf and CC
- Competed in the Barclays Singapore Open 2010 at Sentosa Golf Club
- Competed in the Handa Classic 2010 at Orchid Country Club

TGC MEMBER
\$50 NETT
GUEST
\$60 NETT

MIN. NO OF PAX: 3
MAX. NO OF PAX: 5

GOLF BALLS
& GOLF CLUBS
WILL BE
PROVIDED

FOR ENQUIRY, CONTACT EVENTS@TGC.ORG.SG / 6554 2350

Behind JH Metaphysics Consultancy Group MASTER PAN JUN HUI



A Master Practitioner in the Ancient Art of Metaphysics

The founder and principal consultant of JH Metaphysics Consultancy Group. A Master practitioner in the ancient art of metaphysics, Mr Pan specialises in destiny analysis, fengshui and Qimen Dunjia. His consultancy work spans across many countries such as Singapore, China, Taiwan, USA, Australia, Malaysia, Macau, Hong Kong, Thailand and Vietnam.

Mr Pan is invited to conduct numerous seminars on Metaphysics. His annual seminars were conducted in a light hearted manner and layman's terms that brought valuable insights, humour and knowledge to his audience.

Through his guidance, Mr Pan has helped many individuals to make well informed decisions, uncover their potential, embrace challenges ahead to change their destinies, and improve their lives.

10% discount for TGC members for all service engagements



FENGSHUI

- 住屋/商业风水
Residential/Commercial
- 物业择吉
Property Selection
- 流年风水布局
Annual Review



DATE SELECTION

- 择日
Marriage
- 装修择日
Renovation
- 剖腹择日
Caesarean birth
- 公司注册/开业择日
Company Registration / Opening
- 人伙择日
House Move-in



BAZI

- 八字命理分析
Destiny Analysis
- 流年八字分析
Annual Review
- 八字课程
Workshop



QIMEN DUNJIA

- 奇门遁甲
Qimen Forecasting
- 奇门八字分析
Qimen Destiny
- 奇门运筹策略
Qimen Strategy
- 奇门风水布局
Qimen Fengshui
- 奇门课程
Workshop



Contact Us



Telegram
<https://t.me/jhmetaphysics>

☎ Meng Hui 9271 4988

✉ jh_consultation@yahoo.com

📱 JH Master Pan

🌐 www.jhmetaphysics.com

Fate is not Destiny but a matter of Choice 命运不是机遇，而是选择



10:30am



The Grassroots' Club
online



The Grassroots' Club (TGC) is now on WhatsApp!

Come join us to get the latest updates and news at the tips of your fingers!

Here are the simple steps to subscribe to TGC WhatsApp

- 1) Save the number 9150 7989 to your contact list under the name TGC
- 2) Send us a WhatsApp message with your name, number and "Subscribe" E.G: John Tan, 98765432, Subscribe
- 3) Alternatively, you can scan the QR code at the bottom right to start the registration.
- 4) Do allow us some time to process your request.
- 5) We will send you a confirmation message once it has been done

To unsubscribe, you may delete our contact and send us an "Unsubscribe" message

This is a no reply and free of charge service

In accordance with the Personal Data Protection Act, TGC places emphasis in protecting your personal data.

For queries or requests concerning your personal information, please email us at contactus@grassrootsclub.org.sg

The Management

10:30am



WE ARE ON WhatsApp!
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THE GRASSROOTS' CLUB
WhatsApp business account





THE GRASSROOTS' CLUB

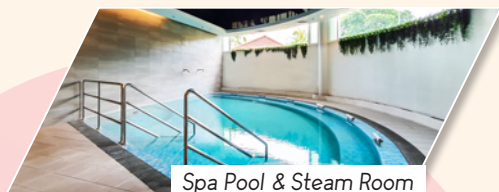
Club of Choice for Grassroots Leaders



Member Room



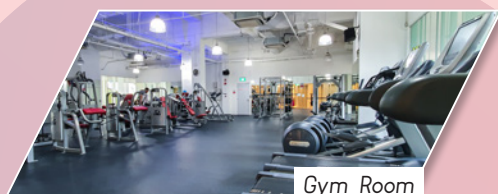
Activity Room



Spa Pool & Steam Room



Swimming Pool



Gym Room

FACILITIES FOR MEMBERS

Member Room, a quiet place for members to gather and network with fellow like-minded members. Comes equipped with a complimentary hot beverage dispenser.

Activity Room, a fun-filled room with various activities for members and their guests to relax and unwind.

- 3 Mahjong Rooms (Automatic Tables)
- 2 Electronic Dart Boards
- 2 Pool Tables
- Carom Board
- Table Games
- Electronic Massage Chair

Spa Pool & Steam Room

Swimming Pool through private access to Yio Chu Kang swimming complex

Gym Parking

SUBSCRIPTION FEE

Principal Member

- 1 Year - \$120
- 2 Years - \$200
- 3 Years - \$240
- 5 Years - \$300*

*Entitled to complimentary welcome gift (Subject to availability)

Family Membership Spouse / Children

(above 12 and below 21 years old)

- 1 Year - \$40
- 2 Years - \$60
- 3 Years - \$90
- 5 Years - \$150

Prices above apply for family nucleus

PA Staff & Youth Membership (below 35 years old)

- 1 Year - \$60

LIST OF TGC TENANTS

Childcare	Pat's Schoolhouse (Level 1)	• 10% discount off monthly fees @ TGC
	Brighton Montessori (Level 2)	
	Pat's Schoolhouse (Level 3)	
Entertainment	Fish@Ang Mo Kio (Level 1)	• 40% discount off all non-promotional items (excluding F&B)
	Sparkz KTV (Level 4)	• 20% discount except for beer during Happy Hour
Food & Beverage	Common Folk (Level 1)	• 10% discount on a la carte menu
	Muslim Delights (Level 1)	
	Eternal Garden (Level 3)	• Please call to enquire
Health & Fitness	Soul Fit (Level 1)	• 20% discount on all classes

MEMBER'S BENEFITS



FOR MORE INFORMATION,

please call 6554 2350 or email to mship@tgc.org.sg



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